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**Question 27** (10 marks)

Name a specific group in Australia whose health you have investigated.

Group: teenagers.....

- (a) Identify a significant health concern for this group and explain why it is a concern. 2

under nutrition  
because teenagers are still growing and  
need all the right foods to help them  
grow.

- (b) Explain the changes to dietary intake that would address the nutritional needs of this group. 4

more fruit & vegetables  
meats & salad  
fish & whole grains  
.....  
.....  
.....  
.....  
.....  
.....  
.....

Question 27 (continued)

- (c) Propose and justify a strategy to promote optimum health through good nutrition for this group.

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a company need to ~~is~~ introduce a product  
that ~~is~~ provides all the nutritional benefits  
in a food that is appealing to teenagers

**End of Question 27**