

Question 17 (8 marks)

Your neighbour has fallen from a ladder while cleaning a high window.

- (a) Describe the first aid management of this situation. 3

Comment with DRSA ABCD. The first step is to check for danger, not only for the patient but also for your own safety. The second step is to make sure the patient is breathing in order to assess the need for CPR. Then, send for help or get someone else to call emergency teams. If the patient is not breathing, check their airway, ~~to~~ and breathing and continue with CPR. If breathing, put patient in recovery position and wait for help.

- (b) (i) Your neighbour has a lower leg wound that is bleeding profusely. 3

What actions should you take?

Aim to stop the bleeding by applying pressure to the area after bandaging. If bleeding continues, apply a compression bandage on their upper leg to constrict blood flow to their lower leg and release after 30 minutes. Re-bandage and apply constriction for another 30 minutes. If still bleeding, re-apply another layer of bandaging. ~~While waiting~~
for help.

- (ii) Your neighbour stops breathing and is unconscious. 2

Describe how to apply CPR.

Check there is nothing in the patients airway and position head by pushing on their forehead and lifting their chin. Apply 30 compressions at equal rate and apply 3 rescue breathes. Check breathing and apply another 30 compressions and 3 rescue breathes, ensuring the chest is rising. Continue at 30:3 until help arrives or signs of life return.