

Question 18 (7 marks)

Explain a range of factors that can impact on health and wellbeing.

7

There are numerous; loneliness, being alone can create negative emotion even lead to anti-social behaviour and depression. Not ^{having} ~~giving~~ contribution is another for example volunteer work or employment creates self worth boosting self-esteem and even boosts social status.

loneliness
health
SoE
location
Ed
Disab
Age
Gender
neglect

Physical health can be detrimental, its important that medical needs are met to optimise their health and recovery. Spiritual and cultural barriers can also impact wellbeing. If an individual cannot express their beliefs or culture they may become aggravated, upset or even depressed, individuals need to maintain cultural ties. When privacy and confidentiality is breached it can have a negative impact causing the individual to feel insecure and unsafe. Each of these significantly impact health and wellbeing.