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~~Answer~~

② Client centred care involves the treatment of an individual rather than their disease or illness. Everyone is affected by ~~the~~ unhealthy feelings in their own way and it is important that each case is looked at ~~and~~ individually and all areas of the individual's health are maintained.

Confidentiality ~~is~~ is the right of a client to keep all personal information including location, illness or disease history and current treatments. As a health care worker, we are likely to overhear or be subject to information that others have the right to keep confidential and it is our responsibility to uphold that right.

A Duty of Care is seen as by the law as any time one individual or group has an obligation to ensure the health and wellbeing of another is upheld. As a health care worker, it is our responsibility to ensure that a client's health and wellbeing is protected as long as it is within our scope of practice; what we have been legally certified to do.

⑥ The ~~adult~~ ~~old~~ aged have specific needs that need to be attended to. It is important we apply the care we give to the clients holistic health needs rather than the disease or illness that is affecting them. For the aged, issues such as a loss of sexuality and identity, a deterioration of physiological well being and ~~the~~ isolation ~~and~~ associated emotional needs must be attended to. As people age it is likely that they will become disabled and/or incontinent and it is important that aids such as commode chairs and incontinence pads are used. This can also create feelings of ~~loss~~ loss of identity and self worth when individuals cannot or for themselves or others. It is important that the aged are encouraged to continue to maintain as much independency as possible. The aged also have unmet emotional needs such as needing to accept the inevitability of death of themselves and their spouses. It is essential that community initiatives are encouraged such as the "Adopt a grand parent program" to help the elderly feel a sense of love and compassion.

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Confidentiality is important for the aged ~~and~~ as they may feel a sense of self-worthlessness and dependence if people know about their medical conditions and are being asked by everyone if they need help. It is also important for the elderly to not feel embarrassed so they feel comfortable with working with the nursing staff. ~~It is also~~ ~~if~~ ~~it~~ the clients feel as though they cannot trust the nursing staff, they may be unwilling to participate in their own recovery.

Just like all patients, as health care workers we have a duty of care to clients who are elderly. The likelihood of slips and falls increases with age. ~~It is important to~~ as well as deterioration of skin. It is important to conduct risk assessments and falls risk assessments on these patients to determine what help they need. This could include anti-slip matting, ~~at~~ we can walking and unobstructed aids. We also have a duty of care to respect the decisions and privacy of clients, for the elderly particularly their decisions relating to what happens after death. (e.g. burial, religious ceremonies).

← Tick this box if you have continued this answer in another writing booklet.