

# Life Skills Outcomes Worksheet

## Stage 5

School:

Student:

### Food Technology (Life Skills)

Syllabus Outcomes		Achieved		Date	Signature
		Independently	With Support		
LS1.1	Demonstrates hygienic and safe practices in the selection, handling and storage of food				
LS2.1	Recognises the relationship between food properties, preparation and processing				
LS3.1	Recognises the nutritional value of food items				
LS3.2	Recognises the impact of food habits and choices on health				
LS4.1	Gathers and uses information from a variety of sources				
LS4.2	Uses a variety of communication techniques				
LS5.1	Participates in making food items				
LS5.2	Uses appropriate equipment and techniques in making a variety of food items				
LS5.3	Demonstrates safe practices in the making of food items				
LS5.4	Cares for equipment				
LS6.1	Explores the impact of innovation and emerging technologies on food				
LS6.2	Recognises the significant role of food in society				