

Sport and Recreation

AQF VET qualification: SIS20115 Certificate II in Sport and Recreation

Training Package: SIS Sport, Fitness and Recreation (version 2.1)

BOSTES course name	Pattern of study	BOSTES course number	Schools Online (Administration) entry advice
Sport and Recreation (180 hours)	3 units x 1 year	50406	Enter this course number for either Preliminary (Year 11) or HSC (Year 12)*
Sport and Recreation (240 hours)	2 units x 2 years	50407	Enter this course number for both Preliminary (Year 11) and HSC (Year 12)
	or		
	4 units x 1 year	50409	Enter this course number for either Preliminary (Year 11) or HSC (Year 12)

* For course delivery over two years, the entry on *Schools Online (Administration)* should be made in the second year (ie HSC).

Eligibility: Nil

Exclusions: Aquatics and Community Recreation

Students undertaking both this Sport and Recreation course and another course based on the SIS10/SIS *Sport, Fitness and Recreation Training Package* should choose different units of competency to meet the requirements of each HSC course and qualification.

Students undertaking courses from the Business Services and/or Retail Services Curriculum Frameworks should choose different units of competency to meet the requirements of this Sport and Recreation HSC course and qualification.

HSC course requirements

Sport and Recreation (180 indicative hours)

- the possible qualification outcome is SIS20115 Certificate II in Sport and Recreation
- accredited for a total of 3 units at the Preliminary and/or HSC level
- attempt all core units of competency (totalling 125 HSC indicative hours) and elective units of competency to a minimum of 55 HSC indicative hours and to meet qualification packaging rules
- complete a minimum of 35 hours of mandatory work placement.

Sport and Recreation (240 indicative hours)

- the possible qualification outcome is SIS20115 Certificate II in Sport and Recreation
- accredited for a total of 4 units at the Preliminary and/or HSC level
- attempt all core units of competency (totalling 125 HSC indicative hours) and elective units of competency to a minimum of 115 HSC indicative hours and to meet qualification packaging rules
- complete a minimum of 35 hours of mandatory work placement.

The requirements for the completion of an HSC VET course are different to the requirements for AQF VET qualification completion. Registered Training Organisations (RTOs) need to ensure that delivery of courses meets HSC course requirements and complies with Training Package rules.

For a course to count towards the HSC program of study, students must satisfy the course completion criteria as required by the Board of Studies, Teaching and Educational Standards NSW (BOSTES). (Refer to the [Assessment Certification Examination \(ACE\) website](#).) There must be sufficient evidence that the student has:

- followed the course developed or endorsed by BOSTES
- applied themselves with diligence and sustained effort to the set tasks and experiences provided in the course
- achieved some or all of the course outcomes
- (where applicable) undertaken the mandatory work placement.

Unit credit for the Higher School Certificate

Sport and Recreation HSC VET courses count as Board Endorsed unit credit for the HSC but do not contribute towards an Australian Tertiary Admission Rank (ATAR).

To facilitate flexibility of VET in the HSC, courses may be delivered as Preliminary, as HSC or as a combination of Preliminary and HSC units.

The HSC credit units will be allocated to students' Preliminary and/or HSC patterns of study as required.

The pattern of study (BOSTES course number) entered on *Schools Online (Administration)* should reflect the delivery of the HSC VET course over successive years. For example, delivery of a 240 HSC indicative hour course over two years should be entered as 2 units x 2 years. Students will be credentialled for the HSC credit units entered each calendar year, provided they have satisfactorily completed the course requirements for that calendar year as determined by the school, college or RTO.

Course content

CORE

Unit code and title	Status for AQF VET qualification	HSC indicative hours of credit
BSBWOR202 Organise and complete daily work activities	core	15
HLTAID003 Provide first aid	core	20
HLTWHS001 Participate in workplace health and safety	core	15
SISXCAI002 Assist with activity sessions	core	15
SISXCCS001 Provide quality service	core	20
SISXEMR001 Respond to emergency situations	core	10
SISXIND001 Work effectively in sport, fitness and recreation environments	core	15
SISXIND002 Maintain sport, fitness and recreation industry knowledge	core	15

Total HSC indicative hours for core units of competency: 125

ELECTIVE

Unit code and title	Status for AQF VET qualification	HSC indicative hours of credit
BSBSUS201 Participate in environmentally sustainable work practices	elective – listed	15
BSBWOR201 Manage personal stress in the workplace	elective – listed	15
CHCCOM001 Provide first point of contact	elective – listed	15
FSKDIG03 Use digital technology for routine workplace tasks	elective – listed	10
FSKLRG09 Use strategies to respond to routine workplace problems	elective – listed	10
FSKLRG11 Use routine strategies for work-related learning	elective – listed	10
ICTICT203 Operate application software packages	elective – listed	20
SIRXMER201 Merchandise products	elective – listed	20

Unit code and title	Status for AQF VET qualification	HSC indicative hours of credit
SIRXSLS002A Advise on products and services	elective – listed	20
SISCAQU002 Perform basic water rescues	elective – listed	10
SISXCAI001 Provide equipment for activities	elective – listed	10
SISXFAC001 Maintain equipment for activities	elective – listed	10
SISXFAC002 Maintain sport, fitness and recreation facilities	elective – listed	15
SISXFIN002 Process financial transactions	elective – listed	15
BSBIND201 Work effectively in a business environment	elective (max 3)	10
BSBINM201 Process and maintain workplace information	elective (max 3)	20
SFICOMP205B Communicate effectively in cross-cultural environments	elective (max 3)	10
SISCAQU006 Supervise clients in aquatic locations	elective (max 3)	15
SISCAQU007 Perform advanced water rescues Prerequisite: HLTAID003 SISCAQU002	elective (max 3)	10
SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills	elective (max 3)	20
SISCAQU009 Instruct water safety and survival skills	elective (max 3)	15
SISCAQU010 Instruct swimming strokes	elective (max 3)	20
SISSGYN201A Teach fundamental gymnastic skills	elective (max 3)	25
SISSSCO101 Develop and update knowledge of coaching practices	elective (max 3)	20
SISSSCO202 Coach beginner or novice participants to develop fundamental motor skills Prerequisite: SISSSCO101	elective (max 3)	20
SISSSPT303A Conduct basic warm-up and cool-down programs	elective (max 3)	15
SISXCAI006 Facilitate groups	elective (max 3)	15
SISXRSK301A Undertake risk analysis of activities	elective (max 3)	15

AQF VET qualification

Qualification packaging rules are contained in the [*SIS Sport, Fitness and Recreation Training Package*](#) at <http://training.gov.au>.

In summary, to attain [*SIS20115 Certificate II in Sport and Recreation*](#) students must achieve 13 units of competency including:

- a) 8 core units of competency
- b) 5 elective units of competency:
 - 2 units from the electives listed
 - 3 units from the electives listed, elsewhere in the SIS Training Package, or any other current Training Package or accredited course.

Other information

Criteria for the endorsement of Board Endorsed VET courses (VET BECs)

The criteria for endorsement of VET BECs are outlined in the *Guidelines for Stages 5 and 6 Board Endorsed VET Courses* available on the BOSTES website at http://www.boardofstudies.nsw.edu.au/voc_ed/board-endorsed-courses.html.

HSC VET course delivery

HSC VET courses can only be delivered by an RTO with the relevant qualification and units of competency on their scope of registration. Scope of registration can be checked at <http://training.gov.au>.

RTOs offering training programs for the delivery and assessment of Sport and Recreation HSC VET courses must meet the requirements of the VET Quality Framework, the [*SIS Sport, Fitness and Recreation Training Package*](#) and the HSC course.

Information about the delivery of HSC VET courses by RTOs other than school system RTOs or TAFE NSW institutes is contained on the BOSTES [*Assessment Certification Examination \(ACE\) website*](#).

Non-government schools outsourcing delivery of HSC VET courses to external providers also need to refer to the *Registered and Accredited Individual Non-government Schools (NSW) Manual* or *Registration Systems and Member Non-government Schools (NSW) Manual* which are available on the BOSTES website at <http://rego.bostes.nsw.edu.au>.

HSC work placement requirements

Work placement is a mandatory HSC requirement for all Sport and Recreation VET courses.

Work placement is to be undertaken in an appropriate sport and recreation work environment. The industry is characterised by paid employment and volunteer work. Work placement opportunities may be sourced from both these areas.

Students undertaking HSC VET courses as part of a school-based apprenticeship or traineeship will meet mandatory work placement hour requirements through the on-the-job training component of the school-based apprenticeship or traineeship.

Students' outside employment (ie not under the auspices of the school) may be recognised towards the requirement for work placement in a VET course ([*ACE 8051 – Assessment Certification Examination \(ACE\) website*](#)).

Non-completion of work placement is grounds for withholding the HSC course. Schools and colleges are advised to follow the procedure for issuing 'N' determinations as outlined on the BOSTES [*Assessment Certification Examination \(ACE\) website*](#).

Allocation of HSC indicative hours of credit

Units of competency drawn from Training Packages are not defined in terms of duration. The amount of time required by individual students to achieve competency will vary according to their aptitude and experience. Where a training program is designed for delivery by an RTO, the RTO will specify the length of the training program according to the delivery strategies and/or curriculum resources chosen.

However, for the purposes of the HSC, VET courses must be described in terms of their indicative hours. For this reason, indicative hours for unit credit towards the HSC have been

assigned to each unit of competency. It is emphasised that the assignment of indicative hours does not imply that all students will fulfil all requirements of a unit of competency within these hours. RTOs may determine that additional or fewer hours are required for the achievement of particular competencies. However, this does not alter the HSC indicative hours allocated, only the delivery hours.

Students may need to spend additional time practising skills in a work environment and completing projects and assignments, in order to fulfil Training Package assessment requirements.

Exclusions

Where there is significant overlap between an HSC VET course and other HSC VET or general education courses, BOSTES has an exclusion between the courses. Exclusions are generally applied at a course level rather than at the unit of competency level.

Students can only undertake the Sport and Recreation (180 indicative hours) course or the Sport and Recreation (240 indicative hours) course.

Schools should check all course exclusions when determining an appropriate pattern of study for their students.

Course exclusions for Sport and Recreation are detailed on the first page of this course description.

Recognition of Prior Learning (RPL) and credit transfer within VET courses

Students who have current knowledge, skills or experience relevant to a VET course may be granted credit towards the course requirements.

Arrangements for RPL and credit transfer within VET courses, including processes, application form and examples of possible scenarios, are detailed on the BOSTES website at www.boardofstudies.nsw.edu.au/voc_ed/rpl.html.

School-based apprentices and trainees

Information regarding provision for school-based apprentices and trainees within the HSC is available on the BOSTES website at www.boardofstudies.nsw.edu.au/voc_ed/apprenticeships-traineeships.html.

Information on requirements and arrangements for NSW school-based apprenticeships and traineeships is available at www.training.nsw.gov.au/individuals/apprenticeships_traineeships/school_based/index.html.

Students with special education needs

Students with special education needs may access a VET course in one of two ways:

- by undertaking the course under regular course arrangements, or
- by undertaking selected units of competency within the course that have been identified through the collaborative curriculum planning process.

For more information, see the [VET Courses and Students with Special Education Needs](#) fact sheet, as well as [Collaborative Curriculum Planning](#) advice, on the BOSTES website.

Students in Years 9 and 10 (Stage 5)

In certain circumstances students in Years 9 and 10 (Stage 5) may access Stage 6 VET courses. Further information is available on the BOSTES website at www.boardofstudies.nsw.edu.au/voc_ed/stage-5.html.