

Sport, Fitness and Recreation

AQF VET qualification:

Statement of Attainment towards ONE of the following qualifications:

SIS20113 Certificate II in Community Activities	SIS20412 Sport Career Oriented Participation
SIS20213 Certificate II in Outdoor Recreation	SIS20513 Certificate II in Sport Coaching
SIS20313 Certificate II in Sport and Recreation	SIS30313 Certificate III in Fitness

Training Package: SIS10 Sport, Fitness and Recreation (version 3)

BOS course name	Pattern of study	BOS course number	Schools Online (Administration) entry advice
Sport, Fitness and Recreation (120 hours)	2 units x 1 year	54620	Enter this course number for either Preliminary (Year 11) or HSC (Year 12)

Eligibility: Nil

Exclusions: Students undertaking both this Sport, Fitness and Recreation course and another course based on the *SIS10 Sport, Fitness and Recreation Training Package* should choose different units of competency to meet the requirements of each HSC course and qualification.

HSC course requirements

Sport, Fitness and Recreation (120 indicative hours)

- the possible qualification is a Statement of Attainment towards ONE of the following qualifications:
 - SIS20113 Certificate II in Community Activities
 - SIS20213 Certificate II in Outdoor Recreation
 - SIS20313 Certificate II in Sport and Recreation
 - SIS20412 Sport Career Oriented Participation
 - SIS20513 Certificate II in Sport Coaching
 - SIS30313 Certificate III in Fitness
- accredited for a total of 2 units at the Preliminary and/or HSC level
- attempt units of competency to a minimum of 120 HSC indicative hours.

The requirements for the completion of an HSC VET course are different to the requirements for AQF VET qualification completion. Registered Training Organisations (RTOs) need to ensure that delivery of courses meets HSC course requirements and complies with Training Package rules.

For a course to count towards the HSC program of study, students must satisfy the course completion criteria as required by the Board of Studies. (Refer to the [Assessment Certification Examination \(ACE\) website](#).) There must be sufficient evidence that the student has:

- followed the course developed by the Board
- applied themselves with diligence and sustained effort to the set tasks and experiences provided in the course
- achieved some or all of the course outcomes
- (where applicable) undertaken the mandatory work placement.

Unit credit for the Higher School Certificate

Sport, Fitness and Recreation HSC VET courses count as Board Endorsed unit credit for the HSC but do not contribute towards an Australian Tertiary Admission Rank (ATAR).

To facilitate flexibility of VET in the HSC, courses may be delivered as Preliminary or as HSC units.

The HSC credit units will be allocated to students' Preliminary or HSC patterns of study as required.

The pattern of study (BOS course number) entered on *Schools Online (Administration)* should reflect the delivery of the HSC VET course over successive years. For example, delivery of a 240 HSC indicative hour course over two years should be entered as 2 units x 2 years. Students will be credentialled for the HSC credit units entered each calendar year, provided they have satisfactorily completed the course requirements for that calendar year as determined by the school, college or RTO.

Course content

Unit code and title	HSC indicative hours of credit	Status for AQF VET qualification					
		<i>SIS20113 Cert II Community Activities</i>	<i>SIS20213 Cert II Outdoor Recreation</i>	<i>SIS20313 Cert II Sport and Recreation</i>	<i>SIS20412 Cert II Sport Career Oriented Participation</i>	<i>SIS20513 Cert II Sport Coaching</i>	<i>SIS30313 Cert III Fitness</i>
Abseiling							
SISOABA201A Demonstrate abseiling skills on artificial surfaces	10	elective	elective – A (2)	elective	elective	elective (max 2)	–
SISOABN201A Demonstrate abseiling skills on natural surfaces	10	elective	elective – B (2)	elective	elective	elective (max 2)	–
SISOABN202A Safeguard an abseiler using a single rope belay system	15	elective	elective – A (2) or elective – B (2)	elective	elective	elective (max 2)	–
Aquatics							
SISCAQU201A Monitor pool water quality	10	elective – listed	elective (max 3)	elective	elective	elective (max 2)	–
SISCAQU202A Perform basic water rescues	10	elective – listed	elective (max 3)	elective	elective	elective (max 2)	elective – general
SISCAQU306A Supervise clients at an aquatic facility or environment	15	elective	elective (max 3)	elective	elective	elective (max 2)	–
SISCAQU308A Instruct water familiarisation, buoyancy and mobility skills Prerequisite: SISCAQU202A	20	elective	elective (max 3)	elective	elective	elective (max 2)	elective – general
SISCAQU309A Instruct clients in water safety and survival skills	15	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)
SISCAQU310A Instruct swimming strokes	20	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)
SISCAQU318 Perform advanced water rescues Prerequisite: HLTAID003 SISCAQU202A	10	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)

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Athletics							
SISSATH201A Teach the fundamental skills of athletics	25	elective	elective (max 3)	elective	elective	elective – A (1) or elective (max 2)	–
Australian Football							
SISSAFL201A Perform the intermediate skills of Australian Football	20	elective	elective (max 3)	elective	elective – A (3) or elective	elective (max 2)	–
SISSAFL202A Perform the intermediate tactics of Australian Football	15	elective	elective (max 3)	elective	elective – A (3) or elective	elective (max 2)	–
SISSAFL203A Participate in conditioning for Australian Football	15	elective	elective (max 3)	elective	elective – A (3) or elective	elective (max 2)	–
Basketball							
SISSBSB201A Teach fundamental basketball skills	25	elective	elective (max 3)	elective	elective	elective – B (3) or elective (max 2)	–
SISSBSB202A Teach fundamental basketball tactics and game strategy	20	elective	elective (max 3)	elective	elective	elective – B (3) or elective (max 2)	–
SISSBSB205 Interpret and apply the rules of basketball	15	elective	elective (max 3)	elective	elective	elective – B (3) or elective (max 2)	–
Bushwalking							
SISOBWG201A Demonstrate bushwalking skills in a controlled environment Prerequisite: SISONAV201A	15	elective	elective – C (2)	elective	elective	elective (max 2)	–
Canoeing							
SISOCNE201A Demonstrate simple canoeing skills	15	elective	elective – D (2)	elective	elective	elective (max 2)	–

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Canoeing cont/d							
SISOCNE202A Perform deep water rescues	15	elective	elective – D (2) or elective – L (2)	elective	elective	elective (max 2)	–
Canyoning							
SISOCAY201A Demonstrate horizontal canyoning skills	15	elective	elective – general	elective	elective	elective (max 2)	–
Career Oriented Participation							
SISSCOP201A Prepare a pre or post event meal	5	elective	elective (max 3)	elective	core	elective (max 2)	–
SISSCOP202A Develop a personal management plan	15	elective	elective (max 3)	elective	core	elective (max 2)	–
SISSCOP203A Develop a travel and accommodation plan	5	elective	elective (max 3)	elective	elective – general	elective (max 2)	–
SISSCOP204A Develop personal media skills	15	elective	elective (max 3)	elective	core	elective (max 2)	–
SISSCOP205A Develop a personal financial plan	10	elective	elective (max 3)	elective	core	elective (max 2)	–
Client and Customer Service							
SISXCCS201A Provide customer service	10	core	elective (max 3)	elective	elective	elective (max 2)	–
SISXCCS202 Process entry transactions	15	elective – listed	elective (max 3)	elective	elective	elective (max 2)	–
Climbing							
SISOCLA201A Demonstrate top rope climbing skills on artificial surfaces	15	elective	elective – F (2)	elective	elective	elective (max 2)	–
SISOCLN201A Demonstrate top rope climbing skills on natural surfaces	15	elective	elective – G (2)	elective	elective	elective (max 2)	–
Coaching and Instruction							
SISXCAI101A Provide equipment for activities	10	elective – listed	–	elective – listed	elective – general	elective – general	–

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Coaching and Instruction cont/d							
SISXCAI102A Assist in preparing and conducting sport and recreation sessions	15	core	elective – F (2) or elective – G (2)	elective – listed	–	core	–
SISXCAI306A Facilitate groups	15	elective	elective (max 3)	elective	elective	elective (max 2)	elective – general
Community Recreation Operations							
SISCCRO302A Apply legal and ethical instructional skills	15	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)
Cricket							
SISSCKT201A Perform the intermediate skills of cricket	20	elective	elective (max 3)	elective	elective – B (2) or elective	elective (max 2)	–
SISSCKT202A Perform the intermediate tactics and strategies of cricket	15	elective	elective (max 3)	elective	elective – B (2) or elective	elective (max 2)	–
SISSCKT306A Teach the intermediate skills of cricket	25	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)
SISSCKT307A Teach the intermediate tactics and strategies of cricket	20	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)
Cycling							
SISOCYT201A Select, set up and maintain a bike	10	elective	elective – H (2)	elective	elective	elective (max 2)	–
SISOCYT202A Demonstrate basic cycling skills	15	elective	elective – H (2) or elective – N (3)	elective	elective	elective (max 2)	–
Facility Management							
SISXFAC207 Maintain sport, fitness and recreation equipment for activities	10	elective – listed	elective – general	elective	elective	elective (max 2)	core
SISXFAC208 Maintain sport, fitness and recreation facilities	15	elective – listed	elective – general	elective	elective – general	elective – general	–

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Field Operations							
SISOOPS201A Minimise environmental impact	10	elective	core	elective – listed	elective	elective (max 2)	–
SISOOPS202A Use and maintain a temporary or overnight site	15	elective	elective – general	elective	elective	elective (max 2)	–
Fishing							
SISOFSH201A Catch and handle fish	30	elective	elective – I (2) or elective – J (5)	elective	elective	elective (max 2)	–
SISOFSH202A Select, catch and use bait	10	elective	elective – J (5)	elective	elective	elective (max 2)	–
SISOFSH203A Select, rig and use terminal tackle	10	elective	elective – J (5)	elective	elective	elective (max 2)	–
SISOFSH204A Select, use and maintain fishing tackle outfits	10	elective	elective – J (5)	elective	elective	elective (max 2)	–
SISOFSH205A Construct and work simple fishing lures Prerequisite: SISOFSH201A SISOFSH204A	15	elective	elective – J (5)	elective	elective	elective (max 2)	–
SISOFSH206A Locate and attract fish	20	elective	elective – I (2)	elective	elective	elective (max 2)	–
SISOFSH311A Demonstrate freshwater fishing skills	20	elective	elective – other (max 3)	elective	elective	elective (max 2)	–
SISOFSH312A Demonstrate estuary fishing skills	20	elective	elective – other (max 3)	elective	elective	elective (max 2)	–
SISOFSH315A Demonstrate beach fishing skills	20	elective	elective – other (max 3)	elective	elective	elective (max 2)	–
Fitness							
SISFFIT301A Provide fitness orientation and health screening	15	elective	elective (max 3)	elective	elective	elective (max 2)	core
SISFFIT302A Provide quality service in the fitness industry	20	elective	elective (max 3)	elective	elective	elective (max 2)	core

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Fitness cont/d							
SISFFIT303A Develop and apply an awareness of specific populations to exercise delivery	30	elective	elective (max 3)	elective	elective	elective (max 2)	core
SISFFIT304A Instruct and monitor fitness programs	30	elective	elective (max 3)	elective	elective	elective (max 2)	elective – A (2) or B (2) or C (3)
SISFFIT305A Apply anatomy and physiology principles in a fitness context	40	elective	elective (max 3)	elective	elective	elective (max 2)	core
SISFFIT306A Provide healthy eating information to clients in accordance with recommended guidelines	25	elective	elective (max 3)	elective	elective	elective (max 2)	core
SISFFIT307A Undertake client health assessment	20	elective	elective (max 3)	elective	elective	elective (max 2)	elective – C (3) or elective – general
SISFFIT308A Plan and deliver gym programs	40	elective	elective (max 3)	elective	elective	elective (max 2)	elective – C (3) or elective – general
SISFFIT309A Plan and deliver group exercise sessions	30	elective	elective (max 3)	elective	elective	elective (max 2)	elective – B (2) or elective – general
SISFFIT310A Plan and deliver water based fitness activities	30	elective	elective (max 3)	elective	elective	elective (max 2)	elective – A (2) or elective – general
SISFFIT312A Plan and deliver an endurance training program	30	elective	elective (max 3)	elective	elective	elective (max 2)	elective – general
Golf							
SISSGLF201 Perform the A-Grade skills of golf	20	elective	elective (max 3)	elective	elective – D (3) or elective	elective (max 2)	–
SISSGLF202 Apply the A-Grade tactics and strategies of golf	15	elective	elective (max 3)	elective	elective – D (3) or elective	elective (max 2)	–
SISSGLF316 Interpret and apply the rules of golf	15	elective	elective (max 3)	elective	elective – D (3) or elective	elective (max 2)	–

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Gymnastics							
SISSGYN201A <u>Teach fundamental gymnastic skills</u>	25	elective	elective (max 3)	elective	elective	elective – D (1) or elective (max 2)	–
Horse Care and Equestrian Activities							
AHCHBR201A <u>Monitor horse health and welfare</u>	20	elective	elective – K (5) or elective – general	elective	elective	elective (max 2)	–
AHCHBR203A <u>Provide daily care for horses</u>	30	elective	elective – K (5) or elective – general	elective	elective	elective (max 2)	–
AHCLSK207A <u>Load and unload livestock</u>	10	elective	elective – K (5) or elective – general	elective	elective	elective (max 2)	–
SISOEQO201A <u>Handle horses</u>	20	elective	elective – K (5)	elective	elective – C (3) or elective	elective – C (2) or elective (max 2)	–
SISOEQO202A <u>Demonstrate basic horse riding skills</u>	30	elective	elective – K (5)	elective	elective – C (3) or elective	elective – C (2) or elective (max 2)	–
SISOEQO304A <u>Apply first aid for horses</u>	25	elective	elective (max 3)	elective	elective – C (3) or elective	elective (max 2)	–
Kayaking							
SISOKYK201A <u>Demonstrate simple kayaking skills</u>	15	elective	elective – L (2)	elective	elective	elective (max 2)	–
Mountain Biking							
SISOMBK201A <u>Demonstrate basic off-road cycling skills</u> Prerequisite: SISOCYT202A	15	elective	elective – N (3)	elective	elective	elective (max 2)	–

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Navigation							
SISONAV201A Demonstrate navigation skills in a controlled environment	15	elective	elective – C (2) or elective – N (3)	elective	elective	elective (max 2)	–
Netball							
SISSNTB201A Use intermediate level netball skills	20	elective	elective (max 3)	elective	elective – E (3) or elective	elective (max 2)	–
SISSNTB202A Use intermediate level netball tactics and game strategy in netball play	15	elective	elective (max 3)	elective	elective – E (3) or elective	elective (max 2)	–
SISSNTB203A Participate in conditioning for netball	15	elective	elective (max 3)	elective	elective – E (3) or elective	elective (max 2)	–
SISSNTB204A Teach foundation netball skills	25	elective	elective (max 3)	elective	elective	elective – F (1) or elective (max 2)	–
Outdoor Recreation							
SISOODR201A Assist in conducting outdoor recreation sessions	15	elective	core	elective – listed	elective	elective (max 2)	–
Risk Management							
SISXRSK301A Undertake risk analysis of activities	15	elective	elective (max 3)	elective	elective	elective (max 2)	core
Rugby League							
SISSRGL201A Use intermediate level Rugby League game skills	20	elective	elective (max 3)	elective	elective – F (3) or elective	elective (max 2)	–
SISSRGL202A Use intermediate level tactics and game strategy in Rugby League play	15	elective	elective (max 3)	elective	elective – F (3) or elective	elective (max 2)	–
SISSRGL203A Participate in conditioning for Rugby League	15	elective	elective (max 3)	elective	elective – F (3) or elective	elective (max 2)	–

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Rugby League cont/d							
SISSRGL204A Teach the skills of Rugby League for modified games	25	elective	elective (max 3)	elective	elective	elective – G (1) or elective (max 2)	–
Rugby Union							
SISSRGU201A Perform foundation level Rugby Union skills	20	elective	elective (max 3)	elective	elective – G (2) or elective	elective (max 2)	–
SISSRGU202A Perform foundation level Rugby Union tactics and strategies	15	elective	elective (max 3)	elective	elective – general	elective (max 2)	–
SISSRGU203A Participate in conditioning for Rugby Union	15	elective	elective (max 3)	elective	elective – G (2) or elective	elective (max 2)	–
SISSRGU204A Officiate junior level Rugby Union	15	elective	elective (max 3)	elective	elective	elective – general	–
SISSRGU205A Officiate local or district level Rugby Union	15	elective	elective (max 3)	elective	elective	elective – general	–
Skiing							
SISOSKT201A Demonstrate basic cross country skiing skills	25	elective	elective – general	elective	elective	elective (max 2)	–
Sport Coaching							
SISSSCO101 Develop and update knowledge of coaching practices	20	elective	–	elective – listed	elective – general	core	–
SISSSCO202 Coach beginner or novice participants to develop fundamental motor skills Prerequisite: SISSSCO101	20	elective	elective (max 3)	elective – listed	elective – general	core	–
SISSSCO306 Provide drugs in sport information	15	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)

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Sport Development							
SISSSDE201 Communicate effectively with others in a sport environment	15	elective	elective (max 3)	elective – listed	elective – general	core	–
Sport Officiating							
SISSSOF101 Develop and update officiating knowledge	10	elective	elective (max 3)	elective	elective – general	elective – general	–
SISSSOF202 Officiate games or competitions Prerequisite: SISSSOF101	20	elective	elective (max 3)	elective	elective – general	elective – general	–
SISSSOF203 Judge competitive situations Prerequisite: SISSSOF101	20	elective	elective (max 3)	elective	elective – general	elective – general	–
Sports Trainer							
SISSSPT201A Implement sports injury prevention	15	elective	elective (max 3)	elective	elective – general	elective – general	–
SISSSPT303A Conduct basic warm-up and cool-down programs	15	elective	elective (max 3)	elective	elective	elective (max 2)	elective (max 2)
Surfing							
SISOSRF201A Demonstrate surf survival and self rescue skills	15	elective	elective – R (2)	elective	elective	elective (max 2)	–
SISOSRF202A Demonstrate basic surfing manoeuvres in controlled conditions	20	elective	elective – R (2)	elective	elective	elective (max 2)	–
Surf Life Saving							
SISSSUR201A Teach the basic skills of surf life saving	25	elective	elective (max 3)	elective	elective	elective – I (2) or elective (max 2)	–
SISSSUR202A Officiate beginner level surf life saving competitions	15	elective	elective (max 3)	elective	elective	elective – I (2) or elective (max 2)	–

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Tennis							
SISSTNS204 Conduct red stage tennis activities	10	elective	elective (max 3)	elective	elective	elective – J (3) or elective (max 2)	–
SISSTNS205 Interpret and apply the rules and regulations of tennis	10	elective	elective (max 3)	elective	elective	elective – J (3) or elective (max 2)	–
SISSTNS206 Develop and update knowledge of tennis development programs	5	elective	elective (max 3)	elective	elective	elective – J (3) or elective (max 2)	–
Touch Football							
SISSTOU201A Perform the intermediate skills of Touch	20	elective	elective (max 3)	elective	elective – H (2) or elective	elective (max 2)	–
SISSTOU202A Perform the intermediate tactics and strategies of Touch	15	elective	elective (max 3)	elective	elective – H (2) or elective	elective (max 2)	–
White water rescue							
SISOWWR201A Demonstrate self rescue skills in white water	15	elective	elective – general	elective	elective	elective (max 2)	–
Work Health and Safety							
SISXEMR201A Respond to emergency situations	10	core	elective – general	core	elective	elective (max 2)	–
SISXOHS101A Follow occupational health and safety policies	10	core	core	–	–	–	core
SISXWHS101 Follow work health and safety policies	15	–	–	core	core	core	–
Working in Industry							
SISXIND101A Work effectively in sport and recreation environments	15	core	core	–	–	–	core
SISXIND211 Develop and update sport, fitness and recreation industry knowledge	20	–	–	core	core	core	–

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Imported							
AHCCHM201A Apply chemicals under supervision	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCPGD201A Plant trees and shrubs	15	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCPMG201A Treat weeds	10	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCPMG202A Treat plant pests, diseases and disorders	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCTRF201A Assist with turf construction	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCTRF202A Prepare turf surfaces for play	25	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCTRF203A Renovate grassed areas	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
AHCTRF204A Support turf establishment	30	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
BSBCMM401A Make a presentation	20	elective	elective (max 3)	elective	elective – general	elective (max 2)	–
BSBCUS301B Deliver and monitor a service to customers	20	–	elective (max 3)	–	–	elective (max 2)	elective (max 2)
BSBIND201A Work effectively in a business environment	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
BSBINM201A Process and maintain workplace information	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
BSBINM202A Handle mail	15	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
BSBSUS201A Participate in environmentally sustainable work practices	15	core	elective (max 3)	elective	elective	elective (max 2)	elective – general
BSBWOR202A Organise and complete daily work activities	15	core	elective (max 3)	core	core	core	–
BSBWOR204A Use business technology	15	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–

Unit code and title	HSC indicative hours of credit	Status for AQF VET qualification					
		<i>SIS20113 Cert II Community Activities</i>	<i>SIS20213 Cert II Outdoor Recreation</i>	<i>SIS20313 Cert II Sport and Recreation</i>	<i>SIS20412 Cert II Sport Career Oriented Participation</i>	<i>SIS20513 Cert II Sport Coaching</i>	<i>SIS30313 Cert III Fitness</i>
Imported cont/d							
CHCDIS301C Work effectively with people with a disability	40	elective	elective – general	elective	elective	elective (max 2)	elective (max 2)
CUEFOH04C Usher patrons	10	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
CUEFOH10B Monitor entry to a venue	15	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
FNSACC301A Process financial transactions and extract interim reports	45	elective	elective (max 3)	elective – listed	elective	elective (max 2)	elective (max 2)
HLTAID003 Provide first aid	20	core	core	core	elective – general	core	core
ICAICT203A Operate application software packages	20	elective – listed	elective – general	elective – listed	elective – general	elective – general	–
ICAICT210A Operate database applications	20	elective	elective (max 3)	elective – listed	elective – general	elective – general	–
ICAICT308A Use advanced features of computer applications	30	elective	elective (max 3)	elective	elective – general	elective (max 2)	elective (max 2)
ICPMM263C Access and use the Internet	10	elective	elective (max 3)	elective – listed	elective – general	elective – general	–
SIRXCCS201 Apply point-of-sale handling procedures	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
SIRXCLM101 Organise and maintain work areas	10	elective – listed	–	elective – listed	–	–	–
SIRXFIN201 Balance and secure point-of-sale terminal	15	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
SIRXINV001A Perform stock control procedures	20	elective	–	elective – listed	–	–	–
SIRXMER201 Merchandise products	20	elective – listed	elective (max 3)	elective – listed	elective	elective (max 2)	–
SIRXRSK201 Minimise loss	10	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
SIRXSLS002A Advise on products and services	20	elective – listed	elective (max 3)	elective – listed	elective	elective (max 2)	–
SIRXSLS201 Sell products and services	15	elective – listed	elective (max 3)	elective – listed	elective	elective (max 2)	–

Unit code and title	HSC indicative hours of credit	Status for AQF VET qualification					
		<i>SIS20113 Cert II Community Activities</i>	<i>SIS20213 Cert II Outdoor Recreation</i>	<i>SIS20313 Cert II Sport and Recreation</i>	<i>SIS20412 Cert II Sport Career Oriented Participation</i>	<i>SIS20513 Cert II Sport Coaching</i>	<i>SIS30313 Cert III Fitness</i>
Imported cont/d							
SITHFAB206 Serve food and beverage Prerequisite: SITXFSA101	40	elective	elective (max 3)	elective – listed	elective	elective (max 2)	–
SITTGDE306 Research and share general information on Australian Indigenous cultures	25	elective	elective – general	elective	elective	elective (max 2)	–
SITXCCS101 Provide information and assistance	15	elective – listed	–	–	–	–	–
SITXEVT302 Process and monitor event registrations	10	elective	elective (max 3)	elective – listed	elective	elective (max 2)	elective (max 2)
SITXEVT303 Coordinate on-site event registrations	15	elective	elective (max 3)	elective – listed	elective	elective (max 2)	elective (max 2)
SITXEVT304 Provide event staging support	20	elective	elective (max 3)	elective – listed	elective	elective (max 2)	elective (max 2)
SITXFSA101 Use hygienic practices for food safety	10	elective	–	elective – listed	–	–	–
SITXMPR401 Coordinate production of brochures and marketing materials	30	elective	elective (max 3)	elective – listed	elective	elective (max 2)	elective (max 2)

AQF VET qualification

Qualification packaging rules are contained in the [SIS10 Sport, Fitness and Recreation Training Package](http://training.gov.au) at <http://training.gov.au>.

In summary, to attain the full:

[SIS20113 Certificate II in Community Activities](#) students will need to achieve 13 units of competency including:

- a) 8 core units of competency
- b) 5 elective units of competency:
 - may be selected from the electives listed in the qualification or from units first packaged at AQF level 1, 2 or 3 from SIS10
 - up to 2 of these units may be from any current accredited course or other Training Package, and must be first packaged at AQF level 2.

[SIS20213 Certificate II in Outdoor Recreation](#) students will need to achieve 15 units of competency including:

- a) 5 core units of competency
- b) 10 elective units of competency:
 - all the units in any one of Groups A to S
 - the remaining to make up the required 10 elective units from General electives, or any of the groups above
 - up to 3 of these units may be selected from elsewhere in SIS10 or any current accredited course or other Training Package, and must first be packaged at AQF level 2 or 3.

[SIS20313 Certificate II in Sport and Recreation](#) students will need to achieve 11 units of competency including:

- a) 5 core units of competency
- b) 6 elective units of competency:
 - which may be selected from the elective units listed or from SIS10, and must be first packaged at AQF level 2 or 3
 - up to 2 of these elective units may be selected from any current accredited course or other Training Package, and must be first packaged at AQF level 2.

[SIS20412 Sport Career Oriented Participation](#) students will need to achieve 11 units of competency including:

- a) 7 core units of competency
- b) 4 elective units of competency:
 - all the units in any one of Groups A to H
 - the remaining units to make up the required 4 elective units from General electives or from units first packaged at AQF level 2 or 3 from SIS10
 - up to 2 of these units may be chosen elsewhere in SIS10 or any current accredited course or other Training Package, and must be first packaged at AQF level 2.

[SIS20513 Certificate II in Sport Coaching](#) students will need to achieve 13 units of competency including:

- a) 8 core units of competency
- b) 5 elective units of competency:
 - all the units in any one of Groups A to K
 - the remaining units to make up the required 5 elective units from General electives; up to 2 of these remaining units may be selected elsewhere in SIS10 or any current accredited course or other Training Package, and must be first packaged at AQF level 2 or 3.

[SIS30313 Certificate III in Fitness](#) students will need to achieve 15 units of competency including:

- a) 10 core units of competency
- b) 5 elective units of competency:
 - all the units in any one of Groups A to C
 - the remaining units to make up the required 5 elective units from General electives; up to 2 of these remaining units may be selected from elsewhere in SIS10 or any current accredited course or other Training Package, and must be first packaged at AQF level 3 or 4.

Other information

Criteria for the endorsement of Board Endorsed VET courses (VET BECs)

The criteria for endorsement of VET BECs are outlined in the *Guidelines for Stages 5 and 6 Board Endorsed VET Courses* available on the Board's website at www.boardofstudies.nsw.edu.au/voc_ed/board-endorsed-courses.html.

HSC VET course delivery

HSC VET courses can only be delivered by an RTO with the relevant qualification and units of competency on their scope of registration. Scope of registration can be checked at <http://training.gov.au>.

RTOs offering training programs for the delivery and assessment of Sport, Fitness and Recreation HSC VET courses must meet the requirements of the VET Quality Framework, the [SIS10 Sport, Fitness and Recreation Training Package](#) and the HSC course.

Information about the delivery of HSC VET courses by RTOs other than school system RTOs or TAFE NSW institutes is contained on the Board's [Assessment Certification Examination \(ACE\) website](#).

Non-government schools outsourcing delivery of HSC VET courses to external providers also need to refer to the *Registered and Accredited Individual Non-government Schools (NSW) Manual* or *Registration Systems and Member Non-government Schools (NSW) Manual* which are available on the Board's website at www.boardofstudies.nsw.edu.au/manuals/#regaccredsystemsmanuals.

Allocation of HSC indicative hours of credit

Units of competency drawn from Training Packages are not defined in terms of duration. The amount of time required by individual students to achieve competency will vary according to their aptitude and experience. Where a training program is designed for delivery by an RTO, the RTO will specify the length of the training program according to the delivery strategies and/or curriculum resources chosen.

However, for the purposes of the HSC, VET courses must be described in terms of their indicative hours. For this reason, indicative hours for unit credit towards the HSC have been assigned to each unit of competency. It is emphasised that the assignment of indicative hours does not imply that all students will fulfil all requirements of a unit of competency within these hours. RTOs may determine that additional or fewer hours are required for the achievement of particular competencies. However, this does not alter the HSC indicative hours allocated, only the delivery hours.

Students may need to spend additional time practising skills in a work environment and completing projects and assignments, in order to fulfil Training Package assessment requirements.

Exclusions

Where there is significant overlap between an HSC VET course and other HSC VET or general education courses, the Board has an exclusion between the courses. Exclusions are generally applied at a course level rather than at the unit of competency level.

Schools should check all course exclusions when determining an appropriate pattern of study for their students.

Course exclusions for Sport, Fitness and Recreation are detailed on the first page of this course description.

Recognition of Prior Learning (RPL) and credit transfer within VET courses

Students who have current knowledge, skills or experience relevant to a VET course may be granted credit towards the course requirements.

Arrangements for RPL and credit transfer within VET courses, including processes, application forms and examples of possible scenarios, are detailed on the Board's website at www.boardofstudies.nsw.edu.au/voc_ed/rpl.html.

School-based apprentices and trainees

Information regarding provision for school-based apprentices and trainees within the HSC is available on the Board's website at www.boardofstudies.nsw.edu.au/voc_ed/apprenticeships-traineeships.html.

Information on requirements and arrangements for NSW school-based apprenticeships and traineeships is available at www.training.nsw.gov.au/individuals/apprenticeships_traineeships/school_based/index.html.

Students with special education needs

Students with special education needs may access a VET course in one of two ways:

- by undertaking the course under regular course arrangements, or
- by undertaking selected units of competency within the course that have been identified through the collaborative curriculum planning process.

For more information, see the [VET Courses and Students with Special Education Needs](#) fact sheet on the Board's website.

Students in Years 9 and 10 (Stage 5)

In certain circumstances students in Years 9 and 10 (Stage 5) may access Stage 6 VET courses. Further information is available on the Board's website at www.boardofstudies.nsw.edu.au/voc_ed/stage-5.html.