

# Natural Skin Care

During the last 30 years there have been many technological advances in skin care. In today's beauty products there are sophisticated formulas containing a combination of synthetically derived ingredients and natural extracts.

Despite the scientific developments, the emphasis on natural beauty has never been stronger and virtually every major skincare range contains some herbal extracts, essential oils, vitamins and minerals. One of the many benefits of natural skin care ingredients, such as the herbs echinacea and aloe vera, is the wealth of scientific literature information on their skin benefits. The majority of natural ingredients have been tried and tested for centuries and their anti-inflammatory, antiseptic, wound healing, skin protecting and moisturising properties have been proven to be effective.

Many skincare ingredients perform very specific tasks. For example, there are binders to maintain the products consistency, colours for dyeing it, emulsifiers to hold liquids together, fragrances and fixatives to prevent the odour vaporising. Other ingredients act as humectants to keep the product moist, preservatives prevent it from spoiling, while thickeners add body.

The use of natural ingredients in skin care has proved to be an effective way to care for our fragile skin. Many vitamins and herbs provide different properties to serve the skin in numerous ways.

## Proposed Finance Plan

Item	Proposed Cost
Folder	\$10
Plastic Sleeves	\$25
Paper	\$20
Ingredients	\$60
Bottles	\$15
Bottle labelling	\$10
Packaging	\$10
	<b>Total: \$150</b>

## Actual Finance Plan

Item	Date Purchased	Actual Cost
Folder	10/2/01	\$9.98
Plastic Sleeves x2	10/2/01 & 31/2/01	\$31.69
Paper	10/2/01 & 31/2/01	\$37.38
Ingredients (all)	Numerous dates from the 2/6/01	\$58.50
Bottles	2/6/01	\$13.20
Labels	-	Nil
		<b>Total: \$150.58</b>

# Evaluation of Finance Plan

I am very happy with the financial side of my project as I have stuck to it almost perfectly only exceeding it by 0.58c. The total cost of the folio was \$69.07, compared to the estimated cost of \$45.00. The making of the products cost slightly less than estimated, this is mainly due to the fact that I got them at a wholesale price. In the proposed plan I estimated I would need to buy materials for packaging but this was not necessary, bottling and labelling covered this area. Bottles cost \$3.20 more than anticipated and I was lucky to get the labelling for free from mums work.

**Overall I feel I have stuck to my finance plan well.**