

Examination

food tech.....

Section	Part	Question Number
4		29

Date

10/11/2011.....

Number of booklets
used for this question

1

Instructions

- Write your Centre Number and Student Number at the top of this page.
- In the boxes provided write the name and date of this examination, and the number(s) of the question(s) attempted in this booklet.
- If you have not attempted the question, you must still hand in the Writing Booklet, with the words 'NOT ATTEMPTED' written clearly on the front cover.
- Write using black or blue pen. (Black pen is recommended.)
- You may ask for an extra Writing Booklet if you need more space.
- **You may NOT take any Writing Booklets, used or unused, from the examination room.**

Start here.

~~Nowadays~~

We have had significant amount of changes in our food over the last 50 years.

People have realised that food was labelled healthy ~~arent~~ weren't necessarily that good for us.

These days we now have full explained labels for our product showing us our fat, protein, ~~salt~~ salt intake and more. They also show what the food contains which is especially good if you are trying to eat healthy

our food now has less fats in it, ~~now they have~~ the fat has being replaced by ~~other~~ nutrients, important things your body needs.