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**Question 27** (10 marks)

Name a specific group in Australia whose health you have investigated.

Group: ..... ~~Aboriginal group~~ ..... pregnancy group

- (a) Identify a significant health concern for this group and explain why it is a concern. 2

..... pregnancy women need more .....  
..... protein and calcium for their body .....  
..... if they lack these things they will .....  
..... be weak and it also affect the baby. ....

- (b) Explain the changes to dietary intake that would address the nutritional needs of this group. 4

- eat ~~more~~ the food which .....  
..... contain more nutrients .....  
- have to have enough .....  
..... protein, calcium and vitamins, iron .....  
..... in their body. ....  
- eat more green vegetables and .....  
..... red meat. ....  
- They shouldn't eat anything .....  
..... which ~~contains~~ affect their .....  
..... body and the baby as well. ....

Question 27 (continued)

- (c) Propose and justify a strategy to promote optimum health through good nutrition for this group. 4

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**End of Question 27**