

Question 18 (7 marks)

Explain a range of factors that can impact on health and wellbeing.

7

Self esteem and sense of identity are factors that can impact on a person health and wellbeing!

Losing your sense of identity can largely affect your wellbeing by bringing you down and being emotional. It can deteriorate your health and cause depression and loneliness, decreasing your life expectancy.

Other factors like financial difficulties can cause stress on ones well being. Can be physically draining and affect your health status.

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