

Question 17 (8 marks)

2012 HSC - Human Services

Band 3/4

Sample 1 Question 17

Your neighbour has fallen from a ladder while cleaning a high window.

- (a) Describe the first aid management of this situation.

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Assess the area to see if it is safe. If safe to proceed, approach carefully and ask if the person is okay. If they are in immediate danger, (if they are conscious) ask if they are in pain and where, if in danger, attempt to remove them from situation, being careful not to exacerbate the problem. Keep the individual talking as you assess if they are okay. Call for an ambulance (or for someone else to call them) and reassure the person that they will be alright.

(b)

- (i) Your neighbour has a lower leg wound that is bleeding profusely.

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What actions should you take?

(IF no medical equipment is present near you) grab a piece of clothing or cord and rap it ~~up~~ tautly (but not tight) around the leg. Elevate it above the persons head and reassure them and calm them down. If bleeding is still seeping through, apply more pressure and if that fails, apply a tourniquet ~~just~~ about 10cm above the wound. Meanwhile, call for assistance and keep

- (ii) Your neighbour stops breathing and is unconscious. the neighbour conscious and calm.

Describe how to apply CPR.

Check the persons airways to see if they are clear. If they are, place ^{your} 2 hands in the centre of their own chest going across their chest area instead of parallel. Compress their chest to about 3-4 cm 30 times and give 2 breaths through their mouth. Tilt their head backwards, holding their nose ~~firmly~~ firmly shut and 10 - give 2 breaths. Repeat until help arrives. © Board of Studies NSW 2012