

danger
response
end
Airway Ask Assess
breathing
PP

KICKER
Rest
ice
compression
elevate

TOTALS
Talk
obs

Question 17 (8 marks)

defibrillator Your neighbour has fallen from a ladder while cleaning a high window.

- (a) Describe the first aid management of this situation.

3

When anyone is about to perform first aid, they need to use the DRSABCD method. First you would check to see if there was any danger around your neighbour. Second you would check to see if there is any response (clap above neighbour's face and ask questions about age, date etc). Third you would send for help. Fourth you would assess the neighbour's body, to see where the injury is. Fifth you would check the neighbour's breathing and airway, and keep them from choking on their tongue. Sixth and seventh, if neighbour is unconscious and not breathing, you should first try CPR, if that does not work + there is a defibrillator present, use it.

- (b) (i) Your neighbour has a lower leg wound that is bleeding profusely.

3

What actions should you take?

You should first off protect yourself by applying appropriate PPE (eg. gloves). Then clean the wound and apply pressure to it, by keeping the pressure on the wound, apply a bandage around the wound. After the bleeding has been semi-managed, if injury is very serious, call for medical assistance.

- (ii) Your neighbour stops breathing and is unconscious.

2

Describe how to apply CPR.

To protect yourself against any risks, it is always safer to use a plastic protective mouthguard when giving CPR. You would then tilt your neighbour's head back slightly and pinch their nose, and breath twice into their mouth until chest rises. You should then push down on their chest in regular movements (about 30 compressions to every 2 breaths), and continue until help arrives.