

## Question 17 (8 marks)

Your neighbour has fallen from a ladder while cleaning a high window.

(a) Describe the first aid management of this situation.

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~~Eliminate~~ • Decide whether or not you are going to apply first-aid.  
 • Eliminate any risks or dangerous - call 000 items always putting yourself first.  
 • Ask where his pain is, if bleeding apply pressure, & elevate <sup>above</sup> ~~about~~ heart level. If unconscious, put in recovery position, check airways & apply ~~OR~~ CPR if needed. \* If in pain without bleeding apply ice <sup>& elevate</sup> ~~pac~~

(b) (i) Your neighbour has a lower leg wound that is bleeding profusely.

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What actions should you take?

• Wear PPE (gloves or down, goggles) if in <sup>close</sup> range. Apply pressure, elevate ~~again~~ <sup>above</sup> heart level. - Call 000  
 • Calm the person down re-assure their safety & your own.  
 • Call 000  
 • Apply ice pack (covered) & keep applying pressure.

(ii) Your neighbour stops breathing and is unconscious.

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Describe how to apply CPR.

• Carefully roll out of recovery - call 000 position. Remove anything from his/her's mouth. Remove ~~the~~ any risks or dangers. Open his/her's mouth. Start applying pumps to the lower chest (100 per minute) & pinch his/her's nose giving 2 breathes every minute.