

Question 18 (7 marks)

Explain a range of factors that can impact on health and wellbeing.

7

A range of factors can impact immensely on health & wellbeing. Some of these factors include:

- Loneliness, this can cause depression, sadness, aggression which impacts greatly on one's wellbeing as it makes the person feel un-loved or un-wanted potentially causing death.
- Diseases such as dementia, can again cause mixed emotions (angry, sad, depressed), also this condition may cause the person to be unable to do Activities of ^{daily} Living (ADL's) impacting their safety, health (forgetting to cook or forget to take medication).
- Amputations can impact on health & wellbeing as it is a hard process, and ADL's become harder or not being able to do (showering, toileting).
- Arthritis impacts on wellbeing also, as it makes daily tasks harder & the reduce of range of movement (ROM) can cause weight issues.